

Prep To Music *Snap* Inspiration

What you will need:

Time estimate: 10 minutes

Materials: Different types of music, equipment to play music (speakers, etc)

Directions:

One morning, play your favorite music while you prep for the day. Another morning, play a different type of music - perhaps a type you don't usually listen to.

How do different types of music energize you for the day? How do they affect your readiness to greet your students?